

Enclosure 6:

Dear Seniors and colleagues,

IMA TNSB is planning for a state wide relay bike rally for mixopathy awareness starting from Kanyakumari (start Feb 1st 2021) to Chennai (end on Feb 14th 2021). Our Tamil Nadu State branch will be taking part in this chain.

Protocols to be followed for Relay biking rally for mixopathy awareness:

1. Bike rally (Docs, Medical reps, male paramedics staffs) to be planned starting from north zone, west zone and from east zone to meet at Trichy on a same day and proceed to Kanyakumari.
2. Forming route maps and stick on to the plans.
3. Getting permission from needed officials and corresponding district police and collector few days in prior to the plans.
4. Arranging bikes with good condition with reflectors, vest with reflectors, helmet with reflectors and other possible safety measures (gear kit) for each participant.
5. Arranging fully equipped Ambulance & with water bottles, soda, glucose, lime, food etc. with few volunteers behind our rally team to cover them up with siren and IMA banner.
6. Having posters, pamphlets and assemble at each end point of each day with that local branches members, public and media.
7. Each day the program starts by 6 am and possibly ends by 10 am at the next branch. Let the next branch start their journey on the consequent day to the next point.

Let us do it in a coordinated manner

You will be receiving bikers from preceding branch on the day prior to your schedule. Receive the flags and banners from them and at some specific point we have to gather along with them and issue pamphlets to public and media to create awareness about the dangers of mixopathy.

The next day (your schedule day) bikers start from your branch around 6am and will be reaching the next branch and handing over banners and flags and creating awareness in their branch and back to your branch around 10am.

Keep prior permission as per schedule and be ready.

There shall not be any huddle to the public activities.

Follow COVID Protocols.

Any clarification please contact sports committee chairman. Dr. Thirumavalavan.
9443043452.

IMA TNSB

South Zone

Date	Day	South Zone	Start Time and End Time	Activity
1/2/2021	Monday	Kanyakumari to Nagerkoll	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
2/2/2021	Tuesday	Nagerkoll to Valliyur	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
3/2/2021	Wednesday	Valliyur To Tirunelveli	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
4/2/2021	Thursday	Tirunelveli To kovilpatti	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
5/2/2021	Friday	Kovilpatti to Virudhunagar	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
6/2/2021	Saturday	Virudhunagar to Madurai	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
7/2/2021	Sunday	Madurai To Trichy	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
8/2/2021	Monday	Trichy To Perambalur	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
9/2/2021	Tuesday	Perambalur To Ulundurpet	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
10/2/2021	Wednesday	Ulundurpet To Villupuram	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
11/2/2021	Thursday	Villupuram To Tindivanam	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
12/2/2021	Friday	Tindivanam To Melmaruvathur	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
13/2/2021	Saturday	Melmaruvathur To Chengelpet	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
14/2/2021	Sunday	Chengelpet To Tambaram	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media

West Zone- 2

Date	Day	West Zone - 2	Start Time and End Time	Activity
1/2/2021	Monday	Thirupur to Coimbatore	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
2/2/2021	Tuesday	Coimbatore to Pollachi	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
3/2/2021	Wednesday	Pollachi To Udumalaipet	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
4/2/2021	Thursday	Udumalaipet To Palani	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
5/2/2021	Friday	Palani to Dindigal	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
6/2/2021	Saturday	Dindigal to Manaparai	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
7/2/2021	Sunday	Manaparai To Trichy	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media

West Zone

Date	Day	West Zone	Start Time and End Time	Activity
1/2/2021	Monday	Hosur to Krishnagiri	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
2/2/2021	Tuesday	Krishnagiri to Dharmapuri	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
3/2/2021	Wednesday	Dharmapuri To Salem	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
4/2/2021	Thursday	Salem To Namakkal	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
5/2/2021	Friday	Namakkal to Erode(via T.Gode)	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
6/2/2021	Saturday	Erode to Karur	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
7/2/2021	Sunday	Karur To Trichy	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media

East Zone

Date	Day	East Zone	Start Time and End Time	Activity
3/2/2021	Wednesday	Tanjore to Kumbakonam	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
4/2/2021	Thursday	Kumbakonam to Mayiladuthurai	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
5/2/2021	Friday	Mayiladuthurai to Chidambaram	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
6/2/2021	Saturday	Chidambaram to Cuddalore	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
7/2/2021	Sunday	Cuddalore To Neyveli	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
8/2/2021	Monday	Neyveli To Virudachalam	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media
9/2/2021	Tuesday	Virudachalam to Ulundurpet	6:00:00 AM to 10 am	Handing Over Flags, Banners and addressing media



INDIAN MEDICAL ASSOCIATION TAMILNADU STATE



**SAY
NO
TO
MIXOPATHY**